

Registrations are not guaranteed until payment is received.

Frequently Asked Questions:

How do I register?

Registration is available online by using our [Online Services Portal](#). Registrations can also be made in person or over the phone. Registration requests made by email will be directed to our website.

If I am a member, can I register my child/grandchild at the member rate?

Yes! If you have not taken lessons with us before, please call the wellness center to have the child's information added to your online profile. If you are a non-member, you may use the "add a sub-member" feature on our [Online Services Portal](#) to add your children to your online profile.

If I am a REX employee but not a member, do I still receive a discount?

Yes! Please call the wellness center to receive your employee discount.

If I have to miss a group lesson, are there make-up sessions?

Lessons are scheduled in a six-week session, so no make-ups will be given. Cancellations made less than one week before the session start date will not be refunded and may not be transferred to another session. Classes canceled by REX Wellness Centers due to inclement weather or other unforeseen circumstances will be re-scheduled at a later date.

What should my child wear?

Swimsuits and "little swimmer" diapers if they are not potty-trained. No rubber pants or plastic diaper covers. Rashguard tops are welcome! Our pools are heated, but water temperature may vary per facility. Goggles are recommended for Beginner level and up, and no floatation devices are permitted.

Are there locker rooms available?

Yes! We ask that children over the age of 4 use the gender-appropriate locker rooms. We have family restrooms available at all locations. Our Knightdale and Wakefield locations have a family restroom with a shower.

Do you offer private swim lessons?

Yes! Please call the wellness center of your choice for more information.

Raleigh: 919-784-1371

Cary: 919-387-0080

Garner: 919-661-6100

Wakefield: 919-570-1511

Knightdale: 919-747-5360